



A CCCHAPS RESOURCE

What to Expect From a Chaplain Conversation.

A plain-language walkthrough for employees.

If your workplace offers chaplain support and you're wondering what it actually is, this short walkthrough is for you. It explains, in plain language, what's offered, what's optional, and what stays private — so you can decide for yourself whether (and when) it's useful.

ON-SITE

Across California

VIRTUAL

Nationwide

HYBRID

Built around your team

Serving organizations across California.
Nationwide virtual support available.



Six things worth knowing before you talk.

Practical, executive-friendly notes.

■ **It's a conversation, not a service.**

There's no form to fill out, no diagnosis, no plan. You talk; the chaplain listens and responds — for as little or as long as is useful to you.

■ **It's confidential.**

What you share stays with the chaplain. Your manager, HR, and leadership don't get a transcript or a summary. The only exceptions are immediate safety concerns, and those would be discussed openly with you.

■ **It's voluntary — every step.**

You opt in. You opt out. You can stop talking mid-conversation. Nothing about whether or how often you engage is logged anywhere you'd be uncomfortable with.

■ **It's not religious unless you want it to be.**

A chaplain's job is presence — listening, holding space, offering perspective. Faith conversations are welcome but never assumed, and never required.

■ **It's not therapy or counseling.**

If clinical care would help, a chaplain can quietly point you to it. But the conversation itself is non-clinical and informal. Think of it as a steady, trustworthy presence — not a session.

■ **It can be about anything.**

Work stress. A loss in the family. A hard season at home. A decision you're sitting on. There is no 'too small' and no 'too much.' If it's been on your mind, it's worth saying out loud.

If something has been sitting on your mind longer than it should — that's exactly the kind of conversation a chaplain is here for.

BEGIN A CONVERSATION

Schedule a confidential consultation.

A 20-minute exploratory call. Confidential. Never a pitch.

ccchaps.com/request-consultation